



# HERBAZONE



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## Centella Asiatica: The Miracle Herb..

### ORAL DOSAGE FORMS:

**Centella Capsules 60's** : Centella (123 mg) plus Zinc (10 mg) — Take two capsules per day for the relief of symptoms related to impaired circulation like diabetic ulcers, pins & needles, restless legs, poor memory and concentration (Alzheimer's and Attention Deficit Disorder), and acne on face and body.

### Apple Cider Vinegar with Centella (250 ml):

Take 2 tablespoonfuls in a little water sweetened with honey, up to three times a day before meals. General health tonic effective for weight loss, leg cramps and pain, queasy stomach, sore throat, sinus problems, high blood pressure, arthritis and detoxing.

### Apple Cider Vinegar Capsules 60's:

Centella (100 mg), Apple Cider Vinegar Powder, Kelp, Garcinia Cambogia, L-Carnitine, Chromium. Take 2 capsules daily. For digestive problems, take 2 capsules with meals.

### TOPICAL DOSAGE FORMS:

#### Reconstruction Cream (100 ml / 20 ml):

FIRST AID KIT IN A TUBE: Wound healing, acne, eczema, psoriasis, shingles, athlete's foot, thrush, bed sores, diabetic ulcers, allergies, insect bites and stings.

Reconstruction Cream VE: As above for veterinary use. Suitable for any skin condition.

**Calendula Cream (100 ml):** Milder than Reconstruction Cream, suitable for babies, nappy rash, baby acne, nipples when breastfeeding, mosquito bites on babies.

**Reconstruction Plus Cream (100 ml):** Ointment base instead of cream base. Contains Centella and Arnica for pain relief.

**Herbaheat (100 ml):** Centella in combination with Arnica, Mustard Seed and Eucalyptus — for arthritic pain, joint pain, muscles sprains and strains, areas of impaired circulation, and sinus congestion.

**Liquid Loofah (100 ml):** Loofah fibres in combination with Centella — gentle exfoliating cream for face and décolleté: Expedites cell regeneration and cell turnover for a radiant complexion.

**Face Bar with Centella:** Soap with high concentration of Centella. Use on acne skin as shaving aid, ideal for communal showers to prevent athlete's foot, gentle enough for baby's skin.

Available from a Herbazon Agent in your area:

For more information on our products, or if you wish to become a Herbazon Distributor, call Herbazon Head Office at 082 868 5701 or visit our website at [www.herbazon.co.za](http://www.herbazon.co.za)  
Herbazon is a member of the **Health Products Association**.



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## Centella Asiatica: The Miracle Herb...





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**Centella Asiatica**, also known as Gotu Kola or Pennywort, is used abundantly in the ancient healing tradition of Ayurveda. This charming herb with bright red flowers, grows naturally in hot, swampy areas in India and Sri Lanka. The plant's leaf is most commonly used medicinally, and is a favorite food of elephants, notoriously long-lived animals, which has led many people to associate **Centella** with longevity.



**Centella** has also been used for thousands of years to promote mental acuity. Research supports a role for this herb in boosting memory, improving learning capabilities and possibly reversing some of the memory loss associated with Alzheimer's disease. In one study, disabled children were found to have better concentration and attention levels after taking **Centella** for 12 weeks.



One of the most important attributes of **Centella**, is that it has the ability to strengthen cells in the walls of blood vessels, thereby promoting blood flow and tissue perfusion. This makes it invaluable in the treatment of ailments associated with impaired circulation, like varicose veins, diabetic ulcers, restless legs and bed sores.



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**Centella** can be used both orally as well as topically.

**Centella Capsules** are indicated for any circulatory problems like varicose veins and diabetic ulcers; as well as the improvement of mental acuity, concentration and memory, in young and old.

**Centella capsules** have also been used with positive results for the alleviation of cold and flu symptoms, hot flushes, hepatitis, shingles, acne, stomach ulcers and fatigue.



Topically, the **Centella** creams and soaps are outstanding for wound healing, ulcers, bedsores, psoriasis, fungal infections like athlete's foot and thrush, shingles, scabies, nappy rash, acne, stretch marks, anti-ageing and eczema.



Herbazon markets a wide range of products containing Centella Asiatica

See overleaf for details.